

Salads & Bites

Caesar Salad (D/G/F) - 50

VITALITY

Romaine lettuce, caesar dressing, sourdough croutons & parmesan shavings.

Add Chicken **10** / Add Shrimps **17**

Dynamite Prawns (D/F/G) - 75

Homemade spicy mayo.

Arabian Oasis (D/G/N) - 65

Hummus, tabbouleh, fattoush, kibbeh, sambousek, cheese rakakat, served with Arabic bread & mixed olives.

Mango Avocado Salad (V/M) - 70

VITALITY

(Gluten - Free | Lactose - Free)

Mixed lettuce, avocado, cherry tomato, mango & lemon dressing

Add Chicken **10** / Add Crab **10** / Add Shrimps **17**

Chicken Wings (D/G) - 55

Buffalo glazed with blue cheese.

Heirloom Tomato Salad (D/N) - 70

VITALITY

Burrata cheese, pine seeds, basil pesto.

Crispy Calamari (D/G/F) - 55

Fried squid with Korean chili mayo.

Burgers & Sandwiches

Vegan Burger (Vegan) - 60

(Lactose Free)

Vegan patty & fries.

Quesadillas

Vegetables (D/G/V) - 50 / Chicken (D/G) - 65

Beef Sliders (D/G/N) - 50

3 mini burgers & fries.

Double Decker Sandwich (D/G/S) - 65

Grilled chicken, avocado, turkey bacon, lettuce, tomato, in rustic white bread fried egg & fries.

Buffalo Burger (D/G/N) - 65

Crispy chicken, gherkins, pickle onion, buffalo mozzarella, spicy mayo & fries.

Steak Sandwich (D/G/M) - 80

Thin cut steak served in a baguette with caramelized onions, lettuce, tomato, mayo & fries.

Dirty Burger (D/G/N) - 75

Angus beef patty, slow cooked short rib, roasted onions, house smoked cheese, burger sauce & fries.

Hummus Avocado Open Sandwich - 45

VITALITY

(Gluten - Free | Vegan)

Gluten-Free multigrain bread, avocado, hummus & confit tomato

Crispy Falafel Roll - 45 (Vegan)

Lettuce, tomato, onion, & vegan mayo



Pizzas & Pastas

Chicken Tikka Pizza (D/G) - 60

Tandoori chicken with sumac onion & feta cheese.

Penne, Spaghetti or Fettuccine.

**** Gluten free pastas available.**

Arrabbiata (G/D) - 50

Bolognese (G/D) - 65

Carbonara (G/D) - 55

Pink Sauce (G/D) - 50

Margherita Pizza (D/G/V) - 55

Mozzarella & fresh basil.

Diavola Pizza (D/G) - 65

Beef Pepperoni, onion & chili flakes.

Lasagne al Forno (G/D) - 65

Baked & gratinated pasta sheets layered with freshly ground beef.

Quattro Stagioni Pizza (D/G) - 60

Chicken, olives, pepperoni, grilled vegetables & mushrooms.

Mains

Fish & Chips (D/G/F) - 88

(Sustainably Sourced)

Battered cod, peas, chips & tartar sauce.

Butter Chicken (D/N/G) - 78

Tandoori style chicken, mango chutney, poppadum with rice or paratha.

Pan-Seared Salmon (D/F) - 128

VITALITY

(Gluten Free | Sustainably Sourced)

Norwegian Salmon 200 gr, steamed vegetables with a pepper lemon butter sauce.

Grilled Lamb Chops (G/D) - 145

VITALITY

Potato, steamed vegetable, with a choice of mushroom or peppercorn sauce.

Grilled Jumbo Prawns (D/F) - 135

VITALITY

Quinoa fennel salad with pepper lemon butter sauce.

Kids

French Fries (V/G) - 25

Banana Coated with Chocolate (D/N/G) - 35

Sprinkles with your choice:

M&M, Vermicelli Color & Dark, Oreo Cookies, Peanuts

Double Fantasy (D/G) - 30

Crisp fried chicken nuggets & fries.

Dune Dogs (D/G/M) - 30

Chicken hotdog & fries.

Pirates Pasta (D/G/V) - 35

Baked macaroni & cheese.

Fish Finger & Chunky Chips (G/F/D/M) - 35

Tartar sauce

Penne Pomodoro (D/G/V) - 35

Tomato sauce & parmesan cheese.

Desserts

Chocolate Raspberry Bavaois (D/G) - 45

Dark Chocolate Mousse with mix berry jelly and milk chocolate crunch

Mövenpick Ice Cream per scoop (D/G/N/S) - 18

Baked Pears - 40

(Gluten Free - Vegan - Lactose Free)

Chocolate Fondant (D/G) - 40

Seasonal Fresh Fruit Platter - 35

VITALITY

(Gluten Free | Vegan | Lactose Free | Sugar-Free)

Ancoo

Pool Bar

Chill, Sip and Dive into Fun!

Beverage Menu

Water

Still Water 330ml - 15

Sparkling Water 330ml - 19

Juices & Softdrinks

Orange, Pineapple, Watermelon,
Lemon & Mint - 28

Pepsi, D. Pepsi, 7Up, Mirinda,
Ginger Ale - 21

Red Bull - 35

Heineken 0% - 32

Lime Cordial - 25

Virgin Refreshers

Passion Cooler - 35

Passionfruit, fresh ginger, mint spring, lime,
ginger ale.

Virgin Piña Colada - 35

Coconut cream, pineapple juice.

Virgin Mojito - 35

Lime, mint spring, sweet & sour mix.

Please ask our server for our Vitality-
Vegan Smoothies.

Coffee

Roasted and packed in the UAE (Sustainably Sourced)

Espresso - 24

Double Espresso - 28

Americano - 29

Cappuccino - 30

Cafe Latte, Iced Coffee - 30

Tea

(Sustainably Sourced from France)

Tea Herbal Infusion - 27

English breakfast, Green, Earl Grey, Jasmine,
Chamomile, Peppermint

Iced Tea - 31

Long Drinks

Singapore Sling - 65

Gin, orange liqueur, benedictine, cherry
brandy, grenadine, pineapple.

Tequila Sunrise - 60

Tequila, orange juice, grenadine.

Long Island Iced Tea - 75

Rum, gin, vodka, tequila, triple sec, lime juice, pepsi.

Bull Frog - 85

Rum, gin, vodka, tequila, blue curasao, lime
juice, Red bull.

Pep Up Coolers

De Constructed Aperol Spritz - 60

Aperol, prosecco, soda.

Rosé Sangria - 60

Assorted berries, seasonal fruits, soda.

Daiquiri - 55

Rum, sweet & sour mix.

Choice of Flavor: Mango, Mix Berries, Passion or Kiwi

Frozen Passion - 60

Vodka, orange bitter, sweet & sour mix,
passionfruit.

Margarita - 60

Tequila, orange liqueur, fresh lime juice.

Choice of Flavor: Mango, Mix Berries, Passion or Kiwi

Mojito - 60

Rum, lime, mint springs sweet & sour mix, soda.

Choice of Flavor: Mango, Mix Berries, Passion or Kiwi

Fresh Pineapple Colada - 60

Rum, coconut cream, fresh pineapple.

Negroni - 60

Gin, sweet vermouth, Campari.

Draught Beer

Heineken Extra Cold - 60

Stella Artois - 60

Birra Moretti - 60

Bottled Beer

Heineken / Budweiser - 42

Corona - 47

Vodka

Stolichnaya - 45

Grey Goose - 68

Gin

Bombay Sapphire - 45

Gordon's Pink - 45

Hendricks - 55

Whiskey

Johnnie Walker Red Label - 45

Jack Daniel's - 60

Chivas 12 - 60

Tequila

Jose Cuervo Silver - 45

Patrón Silver - 65

Rum

Bacardi Carta Blanca - 45

Captain Morgan Black - 50

Captain Morgan Spiced - 50

Malibu - 45

Liqueur

Jägermeister - 50

Baileys - 55

Campari - 45

Champagne & Sparkling

	150 ml	Bottle
Gran Ventino Brut Sparkling, Italy	45	210
Zonin 1821 Prosecco Brut DOC, Italy		245
Moët & Chandon, Brut Imperial, France		800

White

	150 ml	Bottle
De Bortoli, Chardonnay, Australia	50	230
Santa Carolina, Vistaña, Sauvignon Blanc, Chile		230
Dr. Loosen, Riesling, Germany		280

Rosé

	150 ml	Bottle
De Bortoli, Rosé, Australia	50	230
Minuty, Rosé, Cotes De Provence, France		350

Red

	150 ml	Bottle
De Bortoli, Cabernet Merlot, Australia	50	230
Santa Carolina, Vistaña, Cabernet Sauvignon, Chile		230
Zuccardi Serie A, Malbec, Argentina		250

